

NPLIFE

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Keep smiling

Wanting that sparkling celebrity smile without any painful treatment or hours of dental surgery? Then try out Smile Spa.

Smile Spa has managed to do this by turning the dentistry procedure of teeth whitening into a relaxing and comfortable beauty treatment in a spa environment with no harsh bleach or abrasives.

NPLife went along to find out what all this fuss was about and how well it worked.

On arriving at Smile Spa I was very apprehensive, as I was sure on what to expect. I was greeted by a very friendly receptionist who offered me a drink and a comfortable seat in the waiting area while filling out a health check form.

After a few minutes I was shown to the treatment area where I was introduced to a beauty therapist, who explained what the procedure was going to entail.

A Chlorine Dioxide gel was going to be applied to my teeth, left on for several minutes under ultra violet lights, cleaned off, then re-applied. This would procedure would take place five times before the treatment was



completed.

Throughout the hour I felt very relaxed and pain free, with the beauty therapist explaining every little detail that was happening.

At the end of the treatment I was very surprised how different my teeth actually looked, and this had been achieved within an hour and without any dental surgery.

The hour's treatment cost between £250 and £300, and is worth every penny. I would definitely recommend that anyone with stained teeth or just wanting that celebrity smile to try out Smile Spa.